

**SLOVENSKÝ ZVAZ SILOVEHO TROJBOJA**  
**Majstrovstva Slovenska v Tlaku na lavičke - Ženy**  
**Cervenik (Slovakia), 08.03.2026**

**SCORESHEET**

Rnk	Lifters	d.o.b.	Team	BWT	IPF GL Cf.	Lot	1 Att.	2 Att.	3 Att.	Result	IPF GL
<b>Sub-Juniors</b>											
<b>-52kg</b>											
1	Tureckova Sara	01.01.10	KSTK PN	50,20	0.7138	13	25.0	27.5	27.5	27.5	19,63
<b>-57kg</b>											
1	Ditteova Michaela	17.09.10	KSTK PN	56,65	0.6485	4	67.5	72.5	77.5	72.5	47,02
<b>-63kg</b>											
1	Petricková Barbora	06.01.10	KSTK PN	61,10	0.6154	9	70.0	75.0 NR	80.0	75.0	46,16

**Best Lifters of Subjuniors by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Result	IPF GL Points
1.	Ditteova Michaela	KSTK Piešťany	56,65	72.5	47.0169
2.	Petricková Barbora	KSTK Piešťany	61,10	75.0	46.1581
3.	Tureckova Sara	KSTK Piešťany	50,20	27.5	19.6294

**Juniors**

<b>-57kg</b>											
1	Vavrinčová Karolína	07.04.06	KSTK PN	53,50	0.6773	3	85.0	94.5	97.0	85.0	57,57
2	Podušelová Simona	25.05.06	SK SPC	56,80	0.6473	1	57.5	62.5	70.0	62.5	40,45
3	Zemanová Magdalena Alexandra	03.06.07	KSTK PN	56,90	0.6464	2	50.0	55.0	60.0	50.0	32,32
<b>-63kg</b>											
1	Ošková Aneta	06.10.06	KSTK PN	59,40	0.6272	7	77.5	82.5	85.0	85.0	53,31
<b>-76kg</b>											
1	Janusková Patrícia	06.02.04	KST SE	75,90	0.5452	12	115.0	120.0 NR	125.0	120.0	65,43
2	Taric Jasmína	24.10.05	KSTK PN	71,50	0.5615	11	97.5	97.5	100.0	100.0	56,15

**Best Lifters of Juniors by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Result	IPF GL Points
1.	Janusková Patrícia	Klub silového trojboja Senica	75,90	120.0	65,43
2.	Vavrinčová Karolína	KSTK Piešťany	53,50	85.0	57,57
3.	Taric Jasmína	KSTK Piešťany	71,50	100.0	56,15

**OPEN**

<b>-57kg</b>											
1	Vavrinčová Karolína	07.04.06	KSTK PN	53,50	0.6773	3	85.0	94.5	97.0	85.0	57,57
2	Podušelová Simona	25.05.06	SK SPC	56,80	0.6473	1	57.5	62.5	70.0	62.5	40,45
3	Zemanová Magdalena Alexandra	03.06.07	KSTK PN	56,90	0.6464	2	50.0	55.0	60.0	50.0	32,32
<b>-63kg</b>											
1	Polkorábová Lubica	01.01.88	SK SPC	62,70	0.6053	5	120.0	130.0	137.5	130.0	78,69
2	Ošková Aneta	06.10.06	KSTK PN	59,40	0.6272	7	77.5	82.5	85.0	85.0	53,31
3	Novomeská Eva	01.01.81	SK SPC	62,00	0.6096	8	50.0	55.0	60.0	60.0	36,58
<b>-69kg</b>											
1	Nižnanská Monika	05.11.97	KSTK PN	68,60	0.5740	14	60.0	65.0	67.5	67.5	38,75
2	Nilašová Adriana	06.12.00	SK SPC	65,90	0.5872	6	47.5	52.5	57.5	57.5	33,77
<b>-76kg</b>											
1	Janusková Patrícia	06.02.04	KST SE	75,90	0.5452	12	115.0	120.0	125.0	120.0	65,43
2	Taric Jasmína	24.10.05	KSTK PN	71,50	0.5615	11	97.5	97.5	100.0	100.0	56,15

**Best Lifters of OPEN by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Result	IPF GL Points
1.	Polkorábová Lubica	Športový klub SPC Castá	62,70	130.0	78.6883
2.	Janusková Patrícia	Klub silového trojboja Senica	75,90	120.0	65.4298
3.	Vavrinčová Karolína	KSTK Piešťany	53,50	85.0	57.5704

**Masters 1**

<b>-63kg</b>											
1	Novomeská Eva	01.01.81	SK SPC	62,00	0.6096	8	50.0	55.0	60.0	60.0	36,58

**Best Lifters of Masters 1 by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Result	IPF GL Points
1.	Novomeská Eva	Športový klub SPC Castá	75,90	60.0	36,58

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**Abbreviations:**

nb - New pers. bestlifts; NR - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record; 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.  
DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

KST SE = Klub silového trojboja Senica  
KSTK PN = KSTK Piešťany

SK SPC = Športový klub SPC Castá